



Roadside Delights Add Flavour at Faqra *

How our guest chefs sourced their special menus

'Stop the car – we need those figs!' That was the cry from Samantha Clark as she and her husband Samuel went on a food hunt around Mount Lebanon at the end of June. The couple, best known as Sam and Sam from London's famous Moro restaurant were the latest chefs in our international guest program. And what a lot of fun it turned out to be.

The green unripe figs went into their distinctive chicken recipe. Wild fennel growing by the roadside and wild cucumber (miketi) were other ingredients seized on by the couple. Making good on their promise to use local produce, Sam and Sam toured the fish and the vegetable markets at Sin el Fil, they used Obeidi vine leaves for the tortilla and one of the goats from Massaya's herd in Hadath Baalbeck was chosen for the pot.

Two splendid days of cooking and eating followed and we look forward to inviting more chefs to our kitchen at Massaya Faqra.



Too wet, too hot

Meanwhile, what's been happening in the vineyards? After the wet winter with rainfall at thirty percent above the usual levels we hoped for a bright and healthy growing season. But we have been disappointed because beneath the greenery the grapes are often not developing as they should.

It's likely that high temperatures in May and June coupled with strong winds prevented the flowers from bearing fruits properly. This means the harvest this year is likely to deliver below average grape yields – and as if we've not had enough bad luck, we're now coping with higher temperatures and strong sun that is causing some exposed berries to shrivel in the heat.

We are keeping our fingers crossed that by harvest time there will still be plenty of healthy survivors to create another range of beautiful Massaya wines.

Destination Lebanon

In the midst of all this, it looks as if tourism is flourishing. Bookings for this summer are encouraging. Lebanon is expecting a large number of tourists to show up and enjoy the summer extravaganza. Despite regional turmoil, the gloomy prospects of Lebanon's economy and finances and the dire state of our infrastructure our country remains dynamic in terms of lifestyle and entertainment.

The well educated and cosmopolitan society of Lebanon puts a high value on leisure time and expects to be entertained to high standards. It is no secret that Lebanon's beaches, mountains and night life are full of hedonistic spots in a popular leisure sector.

✤ Life at Massaya ♦



It's time for a weekend chill-out at the SunsetBar.

Come and join us **Friday to Sunday** evenings at Massaya Faqra and enjoy cool summer drinks and our new season's food menu. Our bar staff are ready with the ice to mix some ritzy arak cocktails alongside gloriously refreshing blanc and rosé wines.

And if you think that sounds pretty inviting, get this...each night from **5pm to 7pm** we've declared **Happy Hour** at the SunsetBar.

So come and take a seat and enjoy a sunset view over the Mediterranean sea.





Massaya Faqra Summer Events

Saturday **13 July** - SunsetBar New Menu Saturday **20 July** - Sangria Night -SunsetBar Saturday **27 July** - Belle Epoque: Habibi Club - Pond Sunday **28 July** - Music & Picnic over sunset, movie at dusk - Pond

Saturday **3 August** - Music & Picnic over sunset, movie at dusk - Pond Saturday **10 August** - Music & Picnic over sunset, movie at dusk - Pond *Tuesday* **13 August** - House of Pop -360

Wednesday **14 August** - 2nd Sun - 360 Saturday **17 August** - Music & Picnic over sunset, movie at dusk - Pond

Book Now

Yoga at The Pond +



We are delighted to announce a series of yoga sessions led by the renowned instructor Ghada Ghosn. She will be hosting yoga sessions for all levels at sunset each Tuesday through July and August. The setting is the magical Pond above the winery at Massaya Faqra. Ghada has an impressive background as an integral yoga instructor and has been presenting for several years daily yoga program on television. She continues to go regularly to India to deepen her knowledge and widen her experience.

Teas, infusions and a snack will be served after the Pond sessions.

"Yoga is freedom" ... What about a glass of wine ... ??

All benefits will go to an association that takes care of abused animals. http://www.ghadaghosn.com/

JULY SCHEDULE Daily winery tours and tastings, 10:00-17:00 FIREPLACE RESTAURANT Monday & Wednesday lunch Thursday, Friday & Saturday lunch and dinner Sunday's Brunch SUNSETBAR Open Friday, Saturday & Sunday from 5:00 pm Happy hour from 5:00 pm till 7:00 pm THE POND GARDEN - reopens end of July 2019

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